

# UPSIDE DOWN

JESUS CHANGES EVERYTHING

Parent Cue • 1st-4th grades • Week of  
April 26th



Use this guide to help your family learn how God can help us live with humility. First, watch this video <https://bit.ly/KidsUpsideDownWeek4> Then follow up with the activity below!

## MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.  
Philippians 2:3 (NIRV)

## LIFE APP

**HUMILITY:**  
putting others first by giving up what you think you deserve

## BIBLE STORY

On the Road to Emmaus  
Luke 24:13-35

## BOTTOM LINE

There’s always more to discover about God’s plan.

## ACTIVITY: CUP-SIDE DOWN

### WHAT YOU NEED:

a bunch of plastic cups (any non-breakable cups will do; try to gather 20 of them)

### WHAT YOU DO:

Have one person designated to read the story. Then divide the rest of your crew into two teams. (They can be teams of one person!) One team will be the “Ups” team and the other will be the “Ups-ide Down” team. Give each team an equal number of cups, and instruct them to place the cups up or down around the room, depending on which team they’re on. (Ups will place cups right-side-up and Ups-ide Downs will place cups, well, upside down.)

When the game starts, the reader should read a few sentences from the Bible story: Luke 24:13-35. Whenever the reader pauses the story and calls “PAUSE,” the teams get 10 seconds to flip over any cups that aren’t turned in their team’s direction. The reader counts to 10 and then calls, “STOP!” and the teams stop immediately. (To make it extra-competitive, anyone who’s caught not stopping has to turn two cups over in the other team’s direction!)

When the reader gets to the end of the story, whichever team has the most cups turned in their team’s direction wins! Play again, this time switching up who the reader is.

### Talk about the Bible story:

- o What was the most important thing that the men on the road to Emmaus discovered? (*Who Jesus is and that He is alive*)
- o What’s something that you discovered in this story?
- o Part of humility is about being willing and open to learning new things. What is one new thing you’ve learned recently? (*Note: If it works/is appropriate for your family, engage your child in a discussion about what they can learn about themselves and your family through the COVID-19 pandemic.*)
- o There’s always more to discover about God’s plan. How do we learn more about God and His plans for us? (By reading the Bible, asking questions, praying, talking about **God with someone else who follows Him**)

## PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime right before bed tonight:

“Dear God, thank You that we’ll never stop learning more about You and Your plans for us. Life can get kind of scary sometimes. But we know that You are bigger than life’s biggest struggles, and Your plans for us are good. Help us to always be ready to learn new things about You and about this life You’ve given us. In Jesus’ name we pray, amen.”



PARENT  
CUE

Download the free Parent Cue App  
AVAILABLE FOR IOS AND ANDROID DEVICES

©2020 THE RETHINK GROUP, INC.  
ALL RIGHTS RESERVED.