

**Don't become like the people of this world. Instead, change the way you think. Then you will always be able to determine what God really wants—what is good, pleasing, and perfect.**

Romans 12:2 (GW)

Your new life in Christ  
will be in conflict with your old patterns of thinking, if you still think...

- **"I won't be happy unless I have a little more."** \_\_\_\_\_  
(Jesus:) *"Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."* Luke 12:15 (NIV)
- **"If it feels good, do it."** \_\_\_\_\_  
*Are you addicted to thrills? What an empty life!  
The pursuit of pleasure is never satisfied.* Proverbs 21:17 (MSG)
- **"Whatever works for you."** \_\_\_\_\_  
*There is a way that appears to be right,  
but in the end it leads to death.* Proverbs 14:12 (NIV)

#### THREE REASONS WHY WHAT YOU BELIEVE IS IMPORTANT

- **Be careful how you think; your life is shaped by your thoughts.**  
Proverbs 4:23 (GNT)
- ***If people can't see what God is doing, they stumble all over themselves;  
But when they attend to what he reveals, they are most **blessed**.***  
Proverbs 29:18 (MSG)
- ***Always be ready to give a logical defense to anyone who asks you to  
account for the hope that is in you, but do it courteously and respectfully.***  
1 Peter 3:15 (AMPC)

#### Ways to Grow:

- Learn what we believe as Christians at UMC.org. Click [basic of the faith](#) and [our Christian beliefs](#).
- [Take our ALPHA class](#) in June or read [Questions of Life](#) by Nicky Gumbel.
- Apply one of the following scriptures to your life this week:  
[Gal 5:22-23, Phil 4:8, Ephesians 4:32, Psalm 136:1](#).



sermon notes

"Embracing Jesus"

May 3, 2020

Pastor John Speight

CHRISTCHURCHVA.ORG/SERMONS

*Whoever is a believer in Christ is a new creation. The old way of living has disappeared. A new way of living has come into existence.*

2 Corinthians 5:17 (GW)

*When anyone becomes a Christian, he becomes a new person inside. He is not the same anymore. The old passes away, a new life has begun.*

2 Corinthians 5:17 (LB)

#### STEP ONE:

##### RESPOND TO JESUS: "Follow me"

Daily quiet time (prayer/Bible reading/journaling)

#### STEP TWO:

##### EMBRACE JESUS: "Take my yoke"

Learn the essential beliefs and change the way you think

*"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

Matthew 11:28-30 (NIV)