



	sermon notes
"God's Promise in Temptation" October 11, 2020 Pastor John Speight CHRISTCHURCHVA.ORG/SERMONS	

*God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.*

James 1:12 (NLT)

### THE TRUTH ABOUT TEMPTATION AND HOW I CAN OVERCOME IT

**1. FACE IT:** \_\_\_\_\_  
*But remember that the temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.*

1 Corinthians 10:13 (NLT)

**2. UNDERSTAND IT:** \_\_\_\_\_  
*Christ was tempted in every way we are tempted, but He did not sin.*

Hebrews 4:15 (NLV)

**3. ACCEPT IT:** \_\_\_\_\_  
*When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone.*

James 1:13 (NIV)

**4. PREPARE FOR IT:** \_\_\_\_\_  
*Temptation comes from our own desires, which entice us and drag us away...So don't be misled, my dear brothers and sisters.*

James 1:14+16 (NLT)

*It's my duty to make sure that Satan does not win even a small victory over us, for we don't want to be naïve and then fall prey to his schemes.*

2 Corinthians 2:11 (VOICE)

### HOW DOES TEMPTATION WORK?

**STEP ONE: IT STARTS WITH OUR OWN** \_\_\_\_\_  
*Temptation comes from our own desires...*

James 1:14 (NLT)

**STEP TWO: THEN WE ARE** \_\_\_\_\_

*Each person is tempted by his own desire, being lured and trapped by it.*

James 1:14 (ISV)

**STEP THREE: ONCE TRAPPED, WE** \_\_\_\_\_

*Your desire grows inside you until it results in sin.*

James 1:15a (ERV)

**STEP FOUR: THE ULTIMATE RESULT IS** \_\_\_\_\_

*Then the sin grows bigger and bigger and finally ends in death.*

James 1:15b (ERV)

**5. CHANGE IT:** \_\_\_\_\_

*Focus your thoughts on what is true, noble, righteous, pure, lovable or admirable, on some virtue or on something praiseworthy.*

Philippians 4:8 (CJB)

*Do not be misled: "Bad company corrupts good character."*

1 Corinthians 15:33 (NIV)

**6. RENEW IT:** \_\_\_\_\_

*And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.*

1 Corinthians 10:13 (NLT)

## Answer key

**1. FACE IT: YOU WILL BE TEMPTED**

**2. UNDERSTAND IT: TEMPTATION IS NOT A SIN**

**3. ACCEPT IT: TAKE RESPONSIBILITY**

**4. PREPARE FOR IT: BE READY**

**STEP ONE: IT STARTS WITH OUR OWN DESIRES**

**STEP TWO: THEN WE ARE DECEIVED**

**STEP THREE: ONCE TRAPPED, WE GIVE IN**

**STEP FOUR: THE ULTIMATE RESULT IS DEATH**

**5. CHANGE IT: REFOCUS MY THOUGHTS**

**6. RENEW IT: GIVE IT TO GOD**