

BREAKING THE CYCLE OF THE SPIRITUAL FILL UP

1. _____
Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:1-2 (NIV)
2. Practice _____ daily
Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. John 15:4 (NIV)

My mouth is filled with your praise, and with your glory all day long. Psalm 71:8 (NRSV)
3. Absorb _____ with _____
Many who saw them leaving recognized them and ran on foot from all the towns and got there ahead of them. When Jesus landed and saw a large crowd, he had compassion on them, because they were like sheep without a shepherd. Mark 6:33-34 (NIV)
4. Be _____ during the week
Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. Colossians 3:23-24 (NIV)

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matthew 6:33 (NIV)
5. Come to _____
A time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. John 4:23 (NIV)



sermon notes

Myth #5: Worship Is My Spiritual Fill Up
February 2, 2020
Pastor Tony Arnold
CHRISTCHURCHVA.ORG/SERMONS

THE TIRED OLD CYCLE OF THE SPIRITUAL FILL UP

First, we _____

Then we _____

Gradually we _____

Eventually, we _____

Making worship about our needs and treating worship as our spiritual fill up to get through the week will always disappoint us in the end!

WHAT WORSHIP IS REALLY ABOUT

Worship is primarily _____

- Weorthscipe (Old English) means “ascribing/giving worth.”
- Leitourgia (Greek) means “work of the whole people of God.”
- Gottendienst (German) means “the church’s service to God” and “God’s self-offering to us.”

True worship is never confined to _____

As the two men went from Jesus, Peter said to Him, “Teacher, it is good for us to be here. Let us build three tents to worship in. One will be for You. One will be for Moses. One will be for Elijah.” He did not know what he was saying. Luke 9:33 (NLV)

Worship fills us for one purpose: _____

For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.

Mark 10:45 (NIV)

Answer key

THE TIRED OLD CYCLE OF THE SPIRITUAL FILL UP

First, we WORSHIP TO BE FILLED

Then we MOVE INTO OUR BUSY WEEK

Gradually we FEEL EMPTY AGAIN

Eventually, we LOOK FOR GOD ELSEWHERE

WHAT WORSHIP IS REALLY ABOUT

Worship is primarily OUR FAITHFUL RESPONSE

True worship is never confined to A TIME OR PLACE

Worship fills us for one purpose: TO SERVE

BREAKING THE CYCLE OF THE SPIRITUAL FILL UP

1. REORIENT YOUR PERSPECTIVE
2. Practice THE PRESENCE OF GOD daily
3. Absorb DISTRACTIONS with GRATITUDE
4. Be SPIRITUALLY FILLED during the week
5. Come to WEEKLY WORSHIP FULL